



# RESULTS - DAY 1

Hoe Tonga Waka Ama Secondary School Sprint Champs  
Sat, 16 Mar 2019



001	Boys U16 - W1 250m	Heat 1 / 4	9:10 AM	Lane	Time
1st	HEWSON, Hunter	Manukura		5	1:22.67
2nd	NGATAI-RIMENE, Kailo	Tawa College		1	1:27.01
3rd	TOMAN, Wairehu	Te Kura o iwi Whakatupuranga Rua		2	1:32.93
4th	PAAMA-AKAVI, Jean-Marie	Te Kura Maori o Porirua		3	1:35.69
5th	SARICH, Iraia	Otaki College		4	1:39.02
002	Boys U16 - W1 250m	Heat 2 / 4	9:16 AM	Lane	Time
1st	SWORD, Deon	Aotea College		4	1:28.65
2nd	HEIHEI, Sebastian	Te Kura o iwi Whakatupuranga Rua		5	1:28.88
3rd	RILLSTONE, Riley	Wellington High School		2	1:34.73
4th	KOPA, Te Ringitanga	Te Kura Maori o Porirua		3	1:36.53
5th	BLACK, Matariki	Otaki College		1	1:46.53
003	Boys U16 - W1 250m	Heat 3 / 4	9:20 AM	Lane	Time
1st	NEPIA, Waikato	Te Kura o iwi Whakatupuranga Rua		2	1:19.83
2nd	NGATORO, Hakaraia	Te Kura Maori o Porirua		1	1:23.81
3rd	THOMPSON, Pedro	Otaki College		4	1:24.18
4th	MACKAY, Kaahurere	Otaki College		3	1:28.19
004	Boys U16 - W1 250m	Heat 4 / 4	9:25 AM	Lane	Time
1st	AKAVI, Hoani	Te Kura Maori o Porirua		4	1:26.78
2nd	CARTER, Jesse	Rongotai College		2	1:27.97
3rd	NGATUERE-WHITIKIA, Tiare	Aotea College		3	1:29.53
4th	RIKIHANA, Pairoroku	Otaki College		1	1:44.51
005	Girls U16 - W1 250m	Heat 1 / 3	9:31 AM	Lane	Time
1st	RUKI, Kotuku	Te Kura Maori o Porirua		2	1:49.63
2nd	POLLOCK, Kaia	Otaki College		3	1:51.63
3rd	MARSHALL, Taleyah	Te Kura Maori o Porirua		1	1:54.24
4th	WEBB, Codi	Whanganui Girls' College		4	2:01.26
006	Girls U16 - W1 250m	Heat 2 / 3	9:35 AM	Lane	Time
1st	HENARE, Te Rangihuia	Te Kura o iwi Whakatupuranga Rua		1	1:32.80
2nd	TAHIWI-STOWERS, Tikardan	Te Kura o iwi Whakatupuranga Rua		2	1:44.85
3rd	JURY, Oriwa	Te Kura o iwi Whakatupuranga Rua		4	1:49.47
4th	BARBER, Maia-Sian	Sacred Heart College (Wgtn)		3	1:54.38
007	Girls U16 - W1 250m	Heat 3 / 3	9:41 AM	Lane	Time
1st	MACKAY, Pounamu	Otaki College		2	1:37.96
2nd	Paranihia Tamakehu	Wairarapa College		1	1:43.50
3rd	SOMERVILLE, Elizabeth	Solway College		4	1:56.48
DNS	NGATAI, Oriwia	Otaki College		3	



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008	Girls U19 - W1 250m	Heat 1 / 2	9:46 AM	Lane	Time
1st	ROBINSON, Anika	Whanganui City College		4	1:33.34
2nd	HENARE-TAIAPA, Hinerau	Te Kura o iwi Whakatupuranga Rua		2	1:35.64
3rd	TAHAU-HODGES, Hitira'a	Te Kura Maori o Porirua		3	1:40.11
009	Girls U19 - W1 250m	Heat 2 / 2	9:50 AM	Lane	Time
1st	FAAFOI, Jess	St Mary's College		2	1:34.60
2nd	COLEMAN, Harata	Manukura		4	1:35.53
3rd	THOMPSON, Fern	Otaki College		3	1:39.30
010	Boys U19 - W1 250m	Heat 1 / 2	9:55 AM	Lane	Time
1st	WAIRAU, Tauriri	Manukura		4	1:18.65
2nd	RIMENE-ALBRETT, Tremainie	Makoura College		1	1:22.13
3rd	COOTES, Nikea	Te Kura o iwi Whakatupuranga Rua		2	1:31.34
4th	KOPA, Nopera	Te Kura Maori o Porirua		5	1:33.52
DNS	AMMUNSON, Luani	St Patrick's College, Silverstream		3	
011	Boys U19 - W1 250m	Heat 2 / 2	9:59 AM	Lane	Time
1st	TAHAU-HODGES, Tairoki	Te Kura Maori o Porirua		1	1:22.10
2nd	Nathaniel Cashell	St Patrick's College, Town		2	1:22.59
3rd	WINIATA, Whakaue	Te Kura o iwi Whakatupuranga Rua		4	1:26.40
4th	MIRATANA-STAFFORD, Mikaere	Rongotai College		3	1:32.04
DNS	Whetu Murchie	Otaki College		5	

## W6 Race

012	Girls Yr7/8- W6 250m	Champ Final	10:09 AM	Lane	Time
1st	Hukatai	Te Kura Maori o Porirua		3	1:26.23
2nd	Papakowhai Wairere	Papakowhai School		2	1:31.03
3rd	TBI Wahine Toa	Titahi Bay Intermediate School		1	1:46.64
*	Tipimana (Boys)	Te Kura Maori o Porirua		4	2:07.97
013	Boys U16 - W1 250m	Bowl Final	10:16 AM	Lane	Time
1st	NGATUERE-WHITIKIA, Tiare	Aotea College		3	1:29.28
2nd	TOMAN, Wairehu	Te Kura o iwi Whakatupuranga Rua		2	1:30.28
3rd	PAAMA-AKAVI, Jean-Marie	Te Kura Maori o Porirua		1	1:36.07
4th	RILLSTONE, Riley	Wellington High School		4	1:38.39
5th	KOPA, Te Ringitanga	Te Kura Maori o Porirua		5	1:42.58
014	Boys U16 - W1 250m	Plate Final	10:20 AM	Lane	Time
1st	HEIHEI, Sebastian	Te Kura o iwi Whakatupuranga Rua		5	1:28.52
2nd	MACKAY, Kaahurere	Otaki College		4	1:29.16
3rd	SWORD, Deon	Aotea College		1	1:30.90
4th	NGATAI-RIMENE, Kailo	Tawa College		3	1:31.62
5th	CARTER, Jesse	Rongotai College		2	1:32.91



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015	Girls U16 - W1 250m	Plate Final	10:25 AM	Lane	Time
1st	POLLOCK, Kaia	Otaki College		2	1:47.81
2nd	RUKI, Kotuku	Te Kura Maori o Porirua		3	1:49.33
3rd	SOMERVILLE, Elizabeth	Solway College		5	1:52.59
4th	BARBER, Maia-Sian	Sacred Heart College (Wgtn)		1	1:55.25
5th	MARSHALL, Taleyah	Te Kura Maori o Porirua		4	2:01.25
016	Boys U19 - W1 250m	Plate Final	10:30 AM	Lane	Time
1st	MIRATANA-STAFFORD, Mikaere	Rongotai College		2	1:34.53
2nd	KOPA, Nopera	Te Kura Maori o Porirua		4	1:42.41
3rd	COOTES, Nikea	Te Kura o iwi Whakatupuranga Rua		3	1:44.73
017	Boys U16 - W1 250m	Champ Final	10:36 AM	Lane	Time
1st	NEPIA, Waikato	Te Kura o iwi Whakatupuranga Rua		3	1:18.73
2nd	HEWSON, Hunter	Manukura		2	1:24.55
3rd	THOMPSON, Pedro	Otaki College		1	1:25.02
4th	AKAVI, Hoani	Te Kura Maori o Porirua		5	1:25.94
5th	NGATORO, Hakaraia	Te Kura Maori o Porirua		4	1:26.64
018	Girls U16 - W1 250m	Champ Final	10:39 AM	Lane	Time
1st	HENARE, Te Rangihuaia	Te Kura o iwi Whakatupuranga Rua		3	1:34.22
2nd	MACKAY, Pounamu	Otaki College		2	1:37.53
3rd	TAHIWI-STOWERS, Tikardan	Te Kura o iwi Whakatupuranga Rua		1	1:45.43
4th	Paranihia Tamakehu	Wairarapa College		4	1:50.66
5th	JURY, Oriwa	Te Kura o iwi Whakatupuranga Rua		5	1:54.00
019	Girls U19 - W1 250m	Champ Final	10:42 AM	Lane	Time
1st	COLEMAN, Harata	Manukura		4	1:34.26
2nd	ROBINSON, Anika	Whanganui City College		3	1:36.89
3rd	HENARE-TAIAPA, Hinerau	Te Kura o iwi Whakatupuranga Rua		1	1:39.74
4th	THOMPSON, Fern	Otaki College		5	1:40.80
5th	FAAFOI, Jess	St Mary's College		2	1:41.85
020	Boys U19 - W1 250m	Champ Final	10:47 AM	Lane	Time
1st	Nathaniel Cashell	St Patrick's College, Town		1	1:22.41
2nd	WAIRAU, Tauriri	Manukura		3	1:22.85
3rd	TAHAU-HODGES, Tairoki	Te Kura Maori o Porirua		2	1:29.37
4th	RIMENE-ALBRETT, Tremaine	Makoura College		4	1:32.53
5th	WINIATA, Whakaue	Te Kura o iwi Whakatupuranga Rua		5	1:38.87

W6 Races (250m)



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021	Boys U16 - W6 250m	Heat 1 / 3	11:06 AM	Lane	Time
1st	Rangtuhi - Te Kura Maori o	Te Kura Maori o Porirua		3	1:10.52
2nd	Aotea	Aotea College		1	1:14.79
3rd	Well. High 1	Wellington High School		4	1:20.03
4th	Mana	Mana College		2	1:30.58
022	Boys U16 - W6 250m	Heat 2 / 3	11:14 AM	Lane	Time
1st	Waihororangi	Te Kura Kaupapa Maori o Te Rito		2	1:19.94
2nd	Raukawa	Te Kura o iwi Whakatapuranga Rua		4	1:20.62
*	Silverstream 2	St Patrick's College, Silverstream		1	1:27.60
3rd	Well. High 2	Wellington High School		3	2:05.53
023	Boys U16 - W6 250m	Heat 3 / 3	11:19 AM	Lane	Time
1st	OC Chicken Wings	Otaki College		3	1:12.18
2nd	Aorangi, Manukura	Manukura		4	1:13.71
3rd	Well. High 3	Wellington High School		2	1:49.81
024	Girls U16 - W6 250m	Heat 1 / 3	11:26 AM	Lane	Time
1st	Waihoronuku	Te Kura Kaupapa Maori o Te Rito		2	1:27.08
2nd	OC Girls	Otaki College		4	1:29.50
3rd	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		3	1:45.59
4th	Well. High	Wellington High School		1	1:47.89
5th	Well East 2	Wellington East Girls' College		5	2:15.77
025	Girls U16 - W6 250m	Heat 2 / 3	11:31 AM	Lane	Time
1st	Solway Hiriwa	Solway College		2	1:34.54
2nd	Waiopahu Waka Hoe	Waiopahu College		3	1:59.51
3rd	Well East 1	Wellington East Girls' College		1	2:10.80
4th	Well Girls'	Wellington Girls' College		4	2:26.61
026	Girls U16 - W6 250m	Heat 3 / 3	11:37 AM	Lane	Time
1st	Mana	Mana College		1	1:31.31
2nd	Rehutai - Te Kura Maori o Porirua	Te Kura Maori o Porirua		5	1:31.86
3rd	Kuranui - Te Kura Maori o Porirua	Te Kura Maori o Porirua		2	1:35.08
4th	Sacred Heart	Sacred Heart College (Wgtn)		3	1:48.81
5th	Well East 3	Wellington East Girls' College		4	1:54.21
027	Girls U19 - W6 250m	Heat 1 / 3	11:42 AM	Lane	Time
1st	Koroki	Te Kura o iwi Whakatapuranga Rua		2	1:20.49
2nd	St Mary's	St Mary's College		1	1:23.49
3rd	Manukura	Manukura		4	1:26.93
4th	Raukawakawa - Te Kura Maori o	Te Kura Maori o Porirua		3	1:31.83



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028	Girls U19 - W6 250m	Heat 2 / 3	11:47 AM	Lane	Time
1st	Kiripuai	Te Kura Kaupapa Maori o Te Rito		3	1:22.68
2nd	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		4	1:32.89
*	Te Hau Aroha	Waiopehu College		2	2:06.22
029	Girls U19 - W6 250m	Heat 3 / 3	11:50 AM	Lane	Time
1st	Mana	Mana College		1	1:25.83
2nd	Whanganui Girls' College	Whanganui Girls' College		4	1:26.09
3rd	Huia	Te Kura o iwi Whakatapuranga Rua		3	1:30.18
4th	Aotea GirlsDes	Aotea College		2	1:31.50
030	Boys U19 - W6 250m	Heat 1 / 2	11:55 AM	Lane	Time
1st	Whitireia - Te Kura Maori o Porirua	Te Kura Maori o Porirua		2	1:13.27
2nd	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		3	1:16.19
3rd	Rongotai	Rongotai College		4	1:17.55
4th	St Pat's Wgtn	St Patrick's College, Town		5	1:31.36
5th	Taita	Taita College		1	1:45.50
031	Boys U19 - W6 250m	Heat 2 / 2	11:59 AM	Lane	Time
1st	Te Whakahawea	Te Kura Kaupapa Maori o Te Rito		4	1:09.24
2nd	Kapumanawawhiti	Te Kura o iwi Whakatapuranga Rua		3	1:09.91
3rd	Silverstream 1	St Patrick's College, Silverstream		1	1:11.05
4th	Te Mana o Kupe - Te Kura Maori o	Te Kura Maori o Porirua		2	1:25.11

Lunch Break

032	Girls U16 - W6 250m	Bowl Final	12:36 PM	Lane	Time
1st	Waiopehu Waka Hoe	Waiopehu College		3	1:58.77
2nd	Well East 2	Wellington East Girls' College		4	2:03.59
3rd	Well Girls'	Wellington Girls' College		1	2:09.78
DNS	Well East 1	Wellington East Girls' College		2	
033	Boys U16 - W6 250m	Plate Final	12:41 PM	Lane	Time
1st	Raukawa	Te Kura o iwi Whakatapuranga Rua		2	1:17.51
2nd	Well. High 1	Wellington High School		3	1:23.49
3rd	Mana	Mana College		4	1:33.90
4th	Well. High 2	Wellington High School		5	1:49.35
5th	Well. High 3	Wellington High School		1	1:58.07
034	Girls U16 - W6 250m	Plate Final	12:47 PM	Lane	Time
1st	Kuranui - Te Kura Maori o Porirua	Te Kura Maori o Porirua		3	1:31.00
2nd	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		2	1:40.31
3rd	Well. High	Wellington High School		4	1:43.25
4th	Sacred Heart	Sacred Heart College (Wgtn)		1	1:46.60
5th	Well East 3	Wellington East Girls' College		5	1:58.22



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035	Girls U19 - W6 250m	Plate Final	12:54 PM	Lane	Time
1st	Manukura	Manukura		3	1:25.39
2nd	Huia	Te Kura o iwi Whakatupuranga Rua		2	1:28.46
3rd	Raukawakawa - Te Kura Maori o	Te Kura Maori o Porirua		1	1:30.78
4th	Aotea GirlsDes	Aotea College		4	1:35.47
5th	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		5	1:37.70
036	Boys U19 - W6 250m	Plate Final	12:57 PM	Lane	Time
1st	Rongotai	Rongotai College		3	1:17.90
2nd	St Pat's Wgtn	St Patrick's College, Town		4	1:18.98
3rd	Te Mana o Kupe - Te Kura Maori o	Te Kura Maori o Porirua		2	1:21.36
4th	Taita	Taita College		1	1:40.56
037	Boys U16 - W6 250m	Champ Final	1:03 PM	Lane	Time
1st	Rangtuhi - Te Kura Maori o	Te Kura Maori o Porirua		3	1:09.13
2nd	OC Chicken Wings	Otaki College		2	1:09.89
3rd	Aotea	Aotea College		1	1:10.91
4th	Aorangi, Manukura	Manukura		4	1:11.93
5th	Waihororangi	Te Kura Kaupapa Maori o Te Rito		5	1:21.03
038	Girls U16 - W6 250m	Champ Final	1:07 PM	Lane	Time
1st	Waihoronuku	Te Kura Kaupapa Maori o Te Rito		3	1:23.72
2nd	Rehutai - Te Kura Maori o Porirua	Te Kura Maori o Porirua		1	1:27.92
3rd	Mana	Mana College		4	1:29.12
4th	OC Girls	Otaki College		2	1:30.60
5th	Solway Hiriwa	Solway College		5	1:35.96
039	Girls U19 - W6 250m	Champ Final	1:14 PM	Lane	Time
1st	Koroki	Te Kura o iwi Whakatupuranga Rua		3	1:18.71
2nd	St Mary's	St Mary's College		4	1:23.16
3rd	Kiripuai	Te Kura Kaupapa Maori o Te Rito		2	1:23.58
4th	Whanganui Girls' College	Whanganui Girls' College		5	1:27.95
5th	Mana	Mana College		1	1:31.62
040	Boys U19 - W6 250m	Champ Final	1:18 PM	Lane	Time
1st	Te Whakahawea	Te Kura Kaupapa Maori o Te Rito		3	1:06.04
2nd	Silverstream 1	St Patrick's College, Silverstream		4	1:07.80
3rd	Kapumanawawhiti	Te Kura o iwi Whakatupuranga Rua		2	1:09.54
4th	Whitireia - Te Kura Maori o Porirua	Te Kura Maori o Porirua		1	1:12.85
5th	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		5	1:19.14

## W6 Races (500m)



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041	Boys U16 - W6 500m	Heat 1 / 3	1:28 PM	Lane	Time
1st	Rangituhi - Te Kura Maori o	Te Kura Maori o Porirua		2	2:48.10
2nd	Raukawa	Te Kura o iwi Whakatapuranga Rua		4	3:01.16
3rd	Aorangi, Manukura	Manukura		3	3:13.96
4th	Well. High 2	Wellington High School		1	4:11.14
042	Boys U16 - W6 500m	Heat 2 / 3	1:34 PM	Lane	Time
1st	Aotea	Aotea College		2	2:49.71
*	Silverstream 2	St Patrick's College, Silverstream		1	3:06.21
2nd	Well. High 1	Wellington High School		3	3:26.38
3rd	Well. High 3	Wellington High School		4	4:03.99
043	Boys U16 - W6 500m	Heat 3 / 3	1:40 PM	Lane	Time
1st	OC Chicken Wings	Otaki College		4	2:51.20
2nd	Waihororangi	Te Kura Kaupapa Maori o Te Rito		3	3:16.40
3rd	Mana	Mana College		2	3:38.19
044	Girls U16 - W6 500m	Heat 1 / 3	1:48 PM	Lane	Time
1st	Waihoronuku	Te Kura Kaupapa Maori o Te Rito		4	3:15.37
2nd	Well. High	Wellington High School		1	3:23.13
3rd	Mana	Mana College		2	3:29.28
4th	Well East 3	Wellington East Girls' College		3	3:56.85
5th	Well East 1	Wellington East Girls' College		5	4:44.92
045	Girls U16 - W6 500m	Heat 2 / 3	1:55 PM	Lane	Time
1st	OC Girls	Otaki College		4	3:12.83
2nd	Solway Hiriwa	Solway College		1	3:15.71
3rd	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		3	3:50.74
4th	Waiopahu Waka Hoe	Waiopahu College		2	4:13.11
5th	Well East 2	Wellington East Girls' College		5	4:28.55
046	Girls U16 - W6 500m	Heat 3 / 3	2:01 PM	Lane	Time
1st	Kuranui - Te Kura Maori o Porirua	Te Kura Maori o Porirua		4	3:19.52
2nd	Rehutai - Te Kura Maori o Porirua	Te Kura Maori o Porirua		3	3:31.81
3rd	Well Girls'	Wellington Girls' College		1	4:14.09
4th	Sacred Heart	Sacred Heart College (Wgtn)		2	4:18.45
047	Girls U19 - W6 500m	Heat 1 / 3	2:07 PM	Lane	Time
1st	Kiripuai	Te Kura Kaupapa Maori o Te Rito		1	2:49.78
2nd	Koroki	Te Kura o iwi Whakatapuranga Rua		4	2:53.38
3rd	Manukura	Manukura		3	3:00.62
4th	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		2	3:29.94



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048	Girls U19 - W6 500m	Heat 2 / 3	2:13 PM	Lane	Time
1st	St Mary's	St Mary's College		2	3:05.24
2nd	Whanganui Girls' College	Whanganui Girls' College		3	3:12.08
*	Te Hau Aroha	Waiopehu College		4	4:08.24
049	Girls U19 - W6 500m	Heat 3 / 3	2:19 PM	Lane	Time
1st	Mana	Mana College		1	3:10.61
2nd	Raukawakawa - Te Kura Maori o	Te Kura Maori o Porirua		2	3:13.36
3rd	Huia	Te Kura o iwi Whakatapuranga Rua		4	3:13.88
4th	Aotea Girls	Aotea College		3	3:48.88
050	Boys U19 - W6 500m	Heat 1 / 2	2:25 PM	Lane	Time
1st	Te Whakahawea	Te Kura Kaupapa Maori o Te Rito		5	2:33.44
2nd	Silverstream 1	St Patrick's College, Silverstream		2	2:35.39
3rd	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		1	2:51.95
4th	Te Mana o Kupe - Te Kura Maori o	Te Kura Maori o Porirua		4	3:03.12
5th	Taita	Taita College		3	3:24.80
051	Boys U19 - W6 500m	Heat 2 / 2	2:32 PM	Lane	Time
1st	Kapumanawawhiti	Te Kura o iwi Whakatapuranga Rua		2	2:44.64
2nd	Whitireia - Te Kura Maori o Porirua	Te Kura Maori o Porirua		4	2:46.80
3rd	St Pat's Wgtn	St Patrick's College, Town		1	2:53.14
4th	Rongotai	Rongotai College		3	2:57.15
5th	Tawa	Tawa College		5	3:04.62
052	Girls Yr7/8-W6 500m	Champ Final	2:38 PM	Lane	Time
1st	Hukatai	Te Kura Maori o Porirua		1	2:58.17
2nd	Papakowhai Wairere	Papakowhai School		2	3:18.07
3rd	TBI Wahine Toa	Titahi Bay Intermediate School		3	3:49.99
*	Tipimana (Boys)	Te Kura Maori o Porirua		4	4:09.97
053	Boys U16 - W6 500m	Plate Final	2:46 PM	Lane	Time
1st	Waihororangi	Te Kura Kaupapa Maori o Te Rito		3	2:54.57
2nd	Well. High 1	Wellington High School		2	3:14.31
3rd	Mana	Mana College		4	3:22.53
4th	Well. High 3	Wellington High School		1	4:00.64
5th	Well. High 2	Wellington High School		5	4:07.05
054	Girls U16 - W6 500m	Bowl Final	2:55 PM	Lane	Time
1st	Sacred Heart	Sacred Heart College (Wgtn)		2	3:53.49
2nd	Well Girls'	Wellington Girls' College		3	4:12.17
3rd	Well East 1	Wellington East Girls' College		1	4:18.08
4th	Well East 2	Wellington East Girls' College		4	4:35.27





# RESULTS - DAY 1

Hoe Tonga Waka Ama Secondary School Sprint Champs  
Sat, 16 Mar 2019



055	Girls U16 - W6 500m	Plate Final	3:02 PM	Lane	Time
1st	Rehutai - Te Kura Maori o Porirua	Te Kura Maori o Porirua		2	3:23.93
2nd	Mana	Mana College		3	3:30.74
3rd	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		4	3:49.11
4th	Well East 3	Wellington East Girls' College		1	4:08.77
5th	Waiopehu Waka Hoe	Waiopehu College		5	4:20.81
056	Boys U16 - W6 500m	Champ Final	3:08 PM	Lane	Time
1st	Rangituhi - Te Kura Maori o	Te Kura Maori o Porirua		3	2:36.82
2nd	Aotea	Aotea College		2	2:41.75
3rd	OC Chicken Wings	Otaki College		4	2:43.01
4th	Raukawa	Te Kura o iwi Whakatapuranga Rua		1	2:47.82
5th	Aorangi, Manukura	Manukura		5	3:01.57
057	Girls U16 - W6 500m	Champ Final	3:14 PM	Lane	Time
1st	Waihoronuku	Te Kura Kaupapa Maori o Te Rito		4	2:59.83
2nd	OC Girls	Otaki College		3	3:03.41
3rd	Kuranui - Te Kura Maori o Porirua	Te Kura Maori o Porirua		1	3:08.81
4th	Solway Hiriwa	Solway College		2	3:21.80
5th	Well. High	Wellington High School		5	3:36.48
058	Girls U19 - W6 500m	Plate Final	3:19 PM	Lane	Time
1st	Raukawakawa - Te Kura Maori o	Te Kura Maori o Porirua		2	3:04.95
2nd	Huia	Te Kura o iwi Whakatapuranga Rua		4	3:10.18
3rd	Whanganui Girls' College	Whanganui Girls' College		3	3:15.57
4th	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		1	3:16.97
5th	Aotea Girls	Aotea College		5	3:23.46
059	Boys U19 - W6 500m	Plate Final	3:25 PM	Lane	Time
1st	Tawa	Tawa College		1	2:43.72
2nd	Rongotai	Rongotai College		2	2:52.02
3rd	St Pat's Wgtn	St Patrick's College, Town		3	2:52.45
4th	Te Mana o Kupe - Te Kura Maori o	Te Kura Maori o Porirua		4	3:04.76
5th	Taita	Taita College		5	3:22.34
060	Girls U19 - W6 500m	Champ Final	3:31 PM	Lane	Time
1st	Koroki	Te Kura o iwi Whakatapuranga Rua		2	2:48.85
2nd	Manukura	Manukura		4	2:54.78
3rd	St Mary's	St Mary's College		1	2:59.56
4th	Kiripuai	Te Kura Kaupapa Maori o Te Rito		3	3:00.08
5th	Mana	Mana College		5	3:12.86
061	Boys U19 - W6 500m	Champ Final	3:36 PM	Lane	Time
1st	Te Whakahawe	Te Kura Kaupapa Maori o Te Rito		3	2:31.58
2nd	Silverstream 1	St Patrick's College, Silverstream		2	2:39.06
3rd	Kapumanawawhiti	Te Kura o iwi Whakatapuranga Rua		4	2:46.19
4th	Whitireia - Te Kura Maori o Porirua	Te Kura Maori o Porirua		1	2:48.19
5th	TK Te Ara Whanui	Te Kura Kaupapa Maori o Te Ara		5	3:07.09