



DRAFT SCHEDULE

Hoe Tonga Regional W1 Sprints 2019 (Sanctioned)
Sat, 23 Nov 2019



Race	Event	Round	No	Est. Start	Progressions
001	J16 Women - W1 500 (Quota 5)	Heat	1 / 6	8:30 AM	
002	J16 Women - W1 500 (Quota 5)	Heat	2 / 6	8:35 AM	
003	J16 Women - W1 500 (Quota 5)	Heat	3 / 6	8:40 AM	
004	J16 Women - W1 500 (Quota 5)	Heat	4 / 6	8:45 AM	
005	J16 Women - W1 500 (Quota 5)	Heat	5 / 6	8:50 AM	
006	J16 Women - W1 500 (Quota 5)	Heat	6 / 6	8:55 AM	See Race 025
007	J16 Men - W1 500 (Quota 6)	Heat	1 / 5	9:00 AM	
008	J16 Men - W1 500 (Quota 6)	Heat	2 / 5	9:05 AM	
009	J16 Men - W1 500 (Quota 6)	Heat	3 / 5	9:10 AM	
010	J16 Men - W1 500 (Quota 6)	Heat	4 / 5	9:15 AM	
011	J16 Men - W1 500 (Quota 6)	Heat	5 / 5	9:20 AM	See Race 026
012	Int Women - W1 500 (Quota 6)	Heat	1 / 2	9:25 AM	
013	Int Women - W1 500 (Quota 6)	Heat	2 / 2	9:30 AM	See Race 028
014	Int Men - W1 500 (Quota 8)	Heat	1 / 5	9:35 AM	
015	Int Men - W1 500 (Quota 8)	Heat	2 / 5	9:40 AM	
016	Int Men - W1 500 (Quota 8)	Heat	3 / 5	9:45 AM	
017	Int Men - W1 500 (Quota 8)	Heat	4 / 5	9:50 AM	
018	Int Men - W1 500 (Quota 8)	Heat	5 / 5	9:55 AM	See Race 032
019	J19 Women - W1 500 (Quota 7)	Heat	1 / 3	10:00 AM	
020	J19 Women - W1 500 (Quota 7)	Heat	2 / 3	10:05 AM	
021	J19 Women - W1 500 (Quota 7)	Heat	3 / 3	10:10 AM	See Race 047
022	J19 Men - W1 500 (Quota 6)	Heat	1 / 3	10:15 AM	
023	J19 Men - W1 500 (Quota 6)	Heat	2 / 3	10:20 AM	
024	J19 Men - W1 500 (Quota 6)	Heat	3 / 3	10:25 AM	See Race 048
025	J16 Women - W1 500 (Quota 5)	Champ Final		10:30 AM	
026	J16 Men - W1 500 (Quota 6)	Plate Final		10:35 AM	See Race 027
027	J16 Men - W1 500 (Quota 6)	Champ Final		10:40 AM	
028	Int Women - W1 500 (Quota 6)	Plate Final		10:45 AM	See Race 031
029	Master 70 Men - W1 500 (Quota 6)	Heat	1 / 2	10:50 AM	
030	Master 70 Men - W1 500 (Quota 6)	Heat	2 / 2	10:55 AM	See Race 053
031	Int Women - W1 500 (Quota 6)	Champ Final		11:00 AM	
032	Int Men - W1 500 (Quota 8)	Champ Final		11:05 AM	
033	Gld Master Men - W1 500 (Quota 5)	Heat	1 / 2	11:10 AM	
034	Gld Master Men - W1 500 (Quota 5)	Heat	2 / 2	11:15 AM	See Race 054
035	Snr Master Men - W1 500 (Quota 4)	Heat	1 / 3	11:20 AM	
036	Snr Master Men - W1 500 (Quota 4)	Heat	2 / 3	11:25 AM	
037	Snr Master Men - W1 500 (Quota 4)	Heat	3 / 3	11:30 AM	See Race 055
038	Master Women - W1 500 (Quota 4)	Heat	1 / 2	11:35 AM	
039	Master Women - W1 500 (Quota 4)	Heat	2 / 2	11:40 AM	See Race 056
040	Master Men - W1 500 (Quota 7)	Heat	1 / 2	11:45 AM	
041	Master Men - W1 500 (Quota 7)	Heat	2 / 2	11:50 AM	See Race 057
042	Open Women - W1 500 (Quota 5)	Heat	1 / 2	11:55 AM	
043	Open Women - W1 500 (Quota 5)	Heat	2 / 2	12:00 PM	See Race 058



DRAFT SCHEDULE

Hoe Tonga Regional W1 Sprints 2019 (Sanctioned)
Sat, 23 Nov 2019



Race	Event	Round	No	Est. Start	Progressions
044	Open Men - W1 500 (Quota 4)	Heat	1 / 3	12:05 PM	
045	Open Men - W1 500 (Quota 4)	Heat	2 / 3	12:10 PM	
046	Open Men - W1 500 (Quota 4)	Heat	3 / 3	12:15 PM	See Race 059
047	J19 Women - W1 500 (Quota 7)	Plate Final		12:20 PM	See Race 049
048	J19 Men - W1 500 (Quota 6)	Plate Final		12:25 PM	See Race 050
049	J19 Women - W1 500 (Quota 7)	Champ Final		12:30 PM	
050	J19 Men - W1 500 (Quota 6)	Champ Final		12:35 PM	
051	Gld Master Women - W1 500 (Quota 5)	Champ Final (St)		12:40 PM	
052	Snr Master Women - W1 500 (Quota 5)	Champ Final (St)		12:45 PM	
053	Master 70 Men - W1 500 (Quota 6)	Champ Final		12:50 PM	
054	Gld Master Men - W1 500 (Quota 5)	Champ Final		12:55 PM	
055	Snr Master Men - W1 500 (Quota 4)	Champ Final		1:00 PM	
056	Master Women - W1 500 (Quota 4)	Champ Final		1:05 PM	
057	Master Men - W1 500 (Quota 7)	Champ Final		1:10 PM	
058	Open Women - W1 500 (Quota 5)	Champ Final		1:15 PM	
059	Open Men - W1 500 (Quota 4)	Champ Final		1:20 PM	
	Move to 250m Startline				
060	J19 Women Dash - W1 250 (Quota 2)	Heat	1 / 7	1:40 PM	
061	J19 Women Dash - W1 250 (Quota 2)	Heat	2 / 7	1:44 PM	
062	J19 Women Dash - W1 250 (Quota 2)	Heat	3 / 7	1:48 PM	
063	J19 Women Dash - W1 250 (Quota 2)	Heat	4 / 7	1:52 PM	
064	J19 Women Dash - W1 250 (Quota 2)	Heat	5 / 7	1:56 PM	
065	J19 Women Dash - W1 250 (Quota 2)	Heat	6 / 7	2:00 PM	
066	J19 Women Dash - W1 250 (Quota 2)	Heat	7 / 7	2:04 PM	See Race 083
067	J19 Men Dash - W1 250 (Quota 2)	Heat	1 / 8	2:08 PM	
068	J19 Men Dash - W1 250 (Quota 2)	Heat	2 / 8	2:12 PM	
069	J19 Men Dash - W1 250 (Quota 2)	Heat	3 / 8	2:16 PM	
070	J19 Men Dash - W1 250 (Quota 2)	Heat	4 / 8	2:20 PM	
071	J19 Men Dash - W1 250 (Quota 2)	Heat	5 / 8	2:24 PM	
072	J19 Men Dash - W1 250 (Quota 2)	Heat	6 / 8	2:28 PM	
073	J19 Men Dash - W1 250 (Quota 2)	Heat	7 / 8	2:32 PM	
074	J19 Men Dash - W1 250 (Quota 2)	Heat	8 / 8	2:36 PM	See Race 084
075	Open Women Dash - W1 250 (Quota 2)	Heat	1 / 3	2:40 PM	
076	Open Women Dash - W1 250 (Quota 2)	Heat	2 / 3	2:44 PM	
077	Open Women Dash - W1 250 (Quota 2)	Heat	3 / 3	2:48 PM	See Race 085
078	Open Men Dash - W1 250 (Quota 2)	Heat	1 / 5	2:52 PM	
079	Open Men Dash - W1 250 (Quota 2)	Heat	2 / 5	2:56 PM	
080	Open Men Dash - W1 250 (Quota 2)	Heat	3 / 5	3:00 PM	
081	Open Men Dash - W1 250 (Quota 2)	Heat	4 / 5	3:04 PM	
082	Open Men Dash - W1 250 (Quota 2)	Heat	5 / 5	3:08 PM	See Race 086
	Dash Progressions Updated				
083	J19 Women Dash - W1 250 (Quota 2)	Champ Final		3:22 PM	
084	J19 Men Dash - W1 250 (Quota 2)	Champ Final		3:26 PM	



DRAFT SCHEDULE

Hoe Tonga Regional W1 Sprints 2019 (Sanctioned)
Sat, 23 Nov 2019



Race	Event	Round	No	Est. Start	Progressions
085	Open Women Dash - W1 250 (Quota 2)	Champ Final		3:30 PM	
086	Open Men Dash - W1 250 (Quota 2)	Champ Final		3:34 PM	