



# SCHEDULE

Hoe Tonga Regional W1 Sprints 2021 (Sanctioned)  
Sat, 27 Nov 2021



Race	Event	Round	No	Est. Start	Progressions
001	J16 Men - W1 500 (Quota 5)	Heat	1 / 3	9:00 AM	
002	J16 Men - W1 500 (Quota 5)	Heat	2 / 3	9:07 AM	
003	J16 Men - W1 500 (Quota 5)	Heat	3 / 3	9:14 AM	See Race 013
004	J16 Women - W1 500 (Quota 5)	Heat	1 / 3	9:21 AM	
005	J16 Women - W1 500 (Quota 5)	Heat	2 / 3	9:28 AM	
006	J16 Women - W1 500 (Quota 5)	Heat	3 / 3	9:35 AM	See Race 015
007	Int Men - W1 500 (Quota 9)	Heat	1 / 2	9:42 AM	
008	Int Men - W1 500 (Quota 9)	Heat	2 / 2	9:49 AM	See Race 017
009	Int Women - W1 500 (Quota 4)	Heat	1 / 2	9:56 AM	
010	Int Women - W1 500 (Quota 4)	Heat	2 / 2	10:03 AM	See Race 018
011	J19 Men - W1 500 (Quota 6)	Champ Final (St)		10:10 AM	
012	J19 Women - W1 500 (Quota 6)	Champ Final (St)		10:17 AM	
013	J16 Men - W1 500 (Quota 5)	Plate Final		10:24 AM	See Race 014
014	J16 Men - W1 500 (Quota 5)	Champ Final		10:31 AM	
015	J16 Women - W1 500 (Quota 5)	Plate Final		10:38 AM	See Race 016
016	J16 Women - W1 500 (Quota 5)	Champ Final		10:45 AM	
017	Int Men - W1 500 (Quota 9)	Champ Final		10:52 AM	
018	Int Women - W1 500 (Quota 4)	Champ Final		10:59 AM	
	Change to 250m				
019	J19 Men Dash - W1 250 (Quota 2)	Heat	1 / 3	11:06 AM	
020	J19 Men Dash - W1 250 (Quota 2)	Heat	2 / 3	11:13 AM	
021	J19 Men Dash - W1 250 (Quota 2)	Heat	3 / 3	11:20 AM	See Race 024
022	J19 Women Dash - W1 250 (Quota 2)	Heat	1 / 2	11:27 AM	
023	J19 Women Dash - W1 250 (Quota 2)	Heat	2 / 2	11:34 AM	See Race 025
024	J19 Men Dash - W1 250 (Quota 2)	Champ Final		11:41 AM	
025	J19 Women Dash - W1 250 (Quota 2)	Champ Final		11:48 AM	
	Session Break				
026	Open Men - W1 500 (Quota 5)	Heat	1 / 2	1:25 PM	
027	Open Men - W1 500 (Quota 5)	Heat	2 / 2	1:32 PM	See Race 039
028	Master Men - W1 500 (Quota 7)	Heat	1 / 2	1:39 PM	
029	Master Men - W1 500 (Quota 7)	Heat	2 / 2	1:46 PM	See Race 040
030	Master Women - W1 500 (Quota 4)	Heat	1 / 2	1:53 PM	
031	Master Women - W1 500 (Quota 4)	Heat	2 / 2	2:00 PM	See Race 041
032	Gld Master Men - W1 500 (Quota 5)	Heat	1 / 2	2:07 PM	
033	Gld Master Men - W1 500 (Quota 5)	Heat	2 / 2	2:14 PM	See Race 044
034	Snr Master Men - W1 500 (Quota 5)	Heat	1 / 2	2:21 PM	
035	Snr Master Men - W1 500 (Quota 5)	Heat	2 / 2	2:28 PM	See Race 042
036	Snr Master Women - W1 500 (Quota 6)	Heat	1 / 3	2:35 PM	
037	Snr Master Women - W1 500 (Quota 6)	Heat	2 / 3	2:42 PM	
038	Snr Master Women - W1 500 (Quota 6)	Heat	3 / 3	2:49 PM	See Race 043
039	Open Men - W1 500 (Quota 5)	Champ Final		2:56 PM	
040	Master Men - W1 500 (Quota 7)	Champ Final		3:03 PM	
041	Master Women - W1 500 (Quota 4)	Champ Final		3:10 PM	



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Race	Event	Round	No	Est. Start	Progressions
042	Snr Master Men - W1 500 (Quota 5)	Champ Final		3:17 PM	
043	Snr Master Women - W1 500 (Quota 6)	Champ Final		3:24 PM	
044	Gld Master Men - W1 500 (Quota 5)	Champ Final		3:31 PM	
045	Master 70 Men - W1 500 (Quota 9)	Champ Final (St)		3:38 PM	
046	Master 80 Men - W1 500 (Quota 6)	Champ Final (St)		3:45 PM	
	Change to 250m				
047	Open Men Dash - W1 250 (Quota 2)	Heat	1 / 3	3:52 PM	
048	Open Men Dash - W1 250 (Quota 2)	Heat	2 / 3	3:59 PM	
049	Open Men Dash - W1 250 (Quota 2)	Heat	3 / 3	4:06 PM	See Race 051
050	Open Women Dash - W1 250 (Quota 2)	Champ Final (St)		4:13 PM	
051	Open Men Dash - W1 250 (Quota 2)	Champ Final		4:20 PM	