PANUI Reminder 2023 Hoe Tonga Secondary Regionals







UPDATED INFORMATION

11 March 2023

Henley Lake, Masterton

We are really excited about the number of entries for our Secondary School Regionals this weekend. This doesn't happen without your support in your schools, so thank you all for the time and efforts you have put in so far. Big mihi nui ki a koutou katoa.

Attached in this panul is the schedule for the day. Due to the high number of entries, we will be starting early and to keep to time, we need everyone's help to follow the schedule and ensure your students are prepared and on-time to their races.

An email communication will be sent to you all on **Friday at 1pm**, confirming the weather looks good enough and the event will be going ahead, if the weather is not good, our backup day is the **Sunday 12th March**. Confirmation of race day will be sent out via email. You will receive and email from either David Fa'atafa (College Sport Wellington or Andy Hanara (Hoe Tonga) So keep an eye out for an email at 1pm on Friday.

Run Sheet

Time	Activities/Events
8:00am	Karakia Volunteer Briefing and W1 weigh in at Registration
8:15am	W1 Race Briefing then first call
8:30am	First W1 race
9:30am	School Reps & W6 Race briefing
9:35am	First call for W6 250m race
9:42am	First W6 race 250m
12:24pm	Lunch Break and move to turn races
12:34pm	First Call for turn races
12:44pm	First W6 500m race
4:20pm	Last race
4:25pm	Bring waka up, derig waka and clean up the venue
4.35pm	Prize giving!! Draw for the Tai Paddle Voucher!! :) Karakia Whakamutunga

Race Schedule

As you can see the run sheet is really tight. We had to **TAKE OUT THE BOWL FINALS** because the pre race schedule draft we did, the last race was at 6pm and we do not want to be there till night time as many of our whānau come from a far. So in-saying this, some teams will miss out and only have 2 races maybe. We know this is not ideal but we need to think about everyone's safety driving home.

Volunteer information

Once again, thank you very much to all of our volunteers, this event can't happen without you. Down the bottom of the Panui you will see times for each school to monitor the Loading bay. Andy Hanara will nominate a job for each Volunteer that is available. If you get put on the Finish Line or Start Line, bring a foldable chair.

We will be meeting first thing in the morning. If you come late, please come find me and you will be assigned to a station.

Potential Delays

As you have read that we will be running a tight ship that needs to stick to the time, that potential delays we believe could happen, are teams waiting to hand over/share PFD's or Lifejackets. As best as we can, can your team managers have this sorted so if it does happen it is not a big delay. Also an overturned W6 will definitely be an added delay. So hopefully that does not happen.

LIVE RESULTS

Here is the link to the live results. It is active and you can view race progressions, race schedule, placing and race times on their

https://liveresults.co.nz/competition/449

Uniform

All paddlers must paddle in a team uniform. Team uniform on the water must include the same tops.

While not essential, it is recommended that teams also wear the same shorts, skirts or lavalava. These should be standardised for the whole team.

Hats and sunglasses are permitted if individual paddlers wish to wear them.

Appropriate additional items of uniform may be worn in line with weather conditions. These items must be worn underneath their race uniform.

Progressions and finals

Progressions to finals are based on a team's time posted in the heats. Normally racing will feature heats and finals.

Should there be any withdrawals, the Race Director may eliminate a heat and place competitors in other heats.

Safety

Approved Personal Flotation Devices (PFDs) are compulsory and must be worn by ALL competitors. Schools must provide their own team PFDs. Note that correct sizing is an important part of the safety. Waist type belts/ tubes are not approved.

There will be at least two support boats monitoring racing. In case of adverse weather conditions on race day or any other matters that could compromise paddler safety, the Race Director retains the right to stop, postpone and/or cancel races on race day. Organisers may be unable to refund race fees in this case.

Paddles

Paddles must be a single blade, and may be any size or shape, and constructed from any material. Organisers will NOT provide paddles.

Pre-race guidance

Paddlers are to follow officials' instructions at all times.

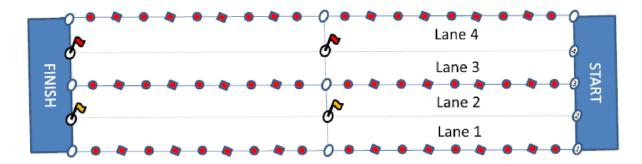
When races are called, teams/paddlers are to assemble at the loading bay. Paddlers must not load into canoes without going through the loading bay.

Loading bay officials will advise paddlers when to load. W6 will be allocated to lanes and teams by the officials in the loading bay.

Once on the water, teams are to paddle directly to the start. Teams are to wait on the water in the vicinity of the start area for their race.

Race course for 250m events

For straight races over 250m, the race course consists of four lanes. Each lane is 13.5m wide. It applies to W1 and W6 races.



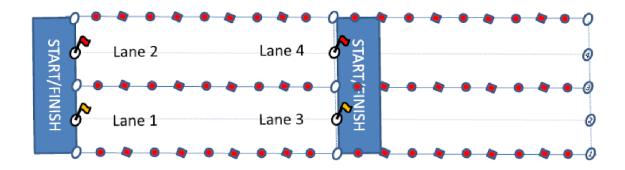
Race course for turn events

For turn races over 500m, the race course consists of four lanes. Each lane is 27m wide.

As the lake's small size only allows for two turn lanes in a conventional race course layout, races with more than two entries will be run in the pursuit format. This means that two teams will start at one end of the 250m course, and the two other teams will start at the other end of the 250m course, at the same time. Therefore, at any time, there may be two teams racing within the same lane, pursuing each other. The format is similar to cycling pursuit races.

Lane numbers for turn races are marked on the turn flag buoys as T1, T2, T3 and T4. By way of example, the turn flag buoy marked T2 will indicate the start location for Lane 2 for turn races.

Please consider the race course layout below, for lane numbering and respective start locations.



In any race involving turns, the canoe must turn counter-clockwise around the flag but may start or finish with the flag on either side so long as they are within their designated lane.

When a race is in progress, paddlers that are not racing are not permitted to be on the course.

Starts

Competitors must be present at the start line for their event as shown on the programme. Starting signals shall be given regardless of absentees. The start procedure is as follows:

- Raising the white flag: Teams must position their canoes approximately 10m from the actual start line.
- Raising of the red flag: Teams must move to their starting position but remain behind the start line.
- Raising of the green flag indicates the start of the race.
- Raising of the black flag (while the red flag is raised) indicates that at least one canoe has
 moved over the start line. All teams should check, and if necessary, correct their positions.
 The black flag will be lowered as soon as all canoes have moved back behind the start line. If
 the green flag is raised while the black flag is still up, at least one team has incurred a start
 infringement.

Disqualification and time penalties

Disqualification or time penalties will occur for any fault that is made before, during or after any race. This includes any breach of the Race Rules. The following provisions are cause for an infringement:

- Misconduct or bad behaviour.
- Competing for more than one school in an event will disqualify both crews.
- Paddling at any time during a race outside the assigned lane.
- Starting or finishing outside the assigned lane.
- Paddling in a non-seated position (standing in a canoe at any time)
- Crossing the start line at any time before the raising of the green flag.
- Not rounding the flags in a counter clockwise direction.
- Not rounding the turn flag with the entire waka including the ama.
- Failing to complete a turn within the designated lane and buoys.
- Not following the starting rules.
- Completing a race with fewer than 6 paddlers (W6).
- Paddling without the correct uniform.

Volunteer information

Please note that each school will be asked to provide two adult volunteers to assist in the running of this regatta. The volunteers will need to assist for a minimum of half a day and ideally the same volunteer for the whole time is preferred. Hoe Tonga will provide team leaders for key areas, who will be able to guide volunteers at each station.

All volunteers will receive a lunch pack and drinks during the day.

Hoe Tonga requires volunteers in the following areas:

- General administration (signing in teams, runner to pick up results, errand runs)
- Finish line (results, spotters, time keeping, radio comms)
- Loading bay (marshalling, helping paddlers in and out of waka, bailing water out of canoes)
- Flag boat (assisting with flags and radio comms)
- Aligner boat (assisting with aligning canoes and radio comms)

Volunteers may be allocated to areas outside of their preference if required.

Hoe Tonga wishes to thank all those who give up their time willingly to help make this event a success. We hope you enjoy this day as we look forward to some exciting racing.

College Sport Wellington are making it easier for schools to get involved and will require Sports Coordinators to register your two volunteers online when your entry is processed.

If you have others in your community available and keen to assist please email Hoe Tonga (hoetonga@gmail.com) with their names, preferred volunteer area, and contact details.

Mihi nui e te whānau

Hoe Tonga ki te hoe!!!

Andy Hanara RDO Hoe Tonga