



SCHEDULE - DAY 1

Sat, 11 Mar 2023

RACE	EVENT	ROUND		EST. START	PROGRESSIONS
001	Girls U16 - W1 250m	Heat	1 / 2	8:30 am	
002	Girls U16 - W1 250m	Heat	2 / 2	8:36 am	See Race 009
003	Boys U16 - W1 250m	Heat	1 / 2	8:42 am	
004	Boys U16 - W1 250m	Heat	2 / 2	8:48 am	See Race 010
005	Girls U19 - W1 250m	Heat	1 / 2	8:54 am	
006	Girls U19 - W1 250m	Heat	2 / 2	9:00 am	See Race 011
007	Boys U19 - W1 250m	Heat	1 / 2	9:06 am	
008	Boys U19 - W1 250m	Heat	2 / 2	9:12 am	See Race 012
009	Girls U16 - W1 250m	Champ Final		9:18 am	
010	Boys U16 - W1 250m	Champ Final		9:24 am	
011	Girls U19 - W1 250m	Champ Final		9:30 am	
012	Boys U19 - W1 250m	Champ Final		9:36 am	
	CHANGE TO W6 250M				
013	Girls U16 - W6 250m	Heat	1 / 4	9:42 am	
014	Girls U16 - W6 250m	Heat	2 / 4	9:48 am	
015	Girls U16 - W6 250m	Heat	3 / 4	9:54 am	
016	Girls U16 - W6 250m	Heat	4 / 4	10:00 am	See Race 032
017	Boys U16 - W6 250m	Heat	1 / 3	10:06 am	
018	Boys U16 - W6 250m	Heat	2 / 3	10:12 am	
019	Boys U16 - W6 250m	Heat	3 / 3	10:18 am	See Race 034
020	7/8 - W6 250m	Heat	1 / 3	10:24 am	
021	7/8 - W6 250m	Heat	2 / 3	10:30 am	
022	7/8 - W6 250m	Heat	3 / 3	10:36 am	See Race 036
023	Girls U19 - W6 250m	Heat	1 / 5	10:42 am	
024	Girls U19 - W6 250m	Heat	2 / 5	10:48 am	
025	Girls U19 - W6 250m	Heat	3 / 5	10:54 am	
026	Girls U19 - W6 250m	Heat	4 / 5	11:00 am	
027	Girls U19 - W6 250m	Heat	5 / 5	11:06 am	See Race 037
028	Boys U19 - W6 250m	Heat	1 / 4	11:12 am	
029	Boys U19 - W6 250m	Heat	2 / 4	11:18 am	
030	Boys U19 - W6 250m	Heat	3 / 4	11:24 am	
031	Boys U19 - W6 250m	Heat	4 / 4	11:30 am	See Race 039
032	Girls U16 - W6 250m	Plate Final		11:36 am	See Race 033
033	Girls U16 - W6 250m	Champ Final		11:42 am	
034	Boys U16 - W6 250m	Plate Final		11:48 am	See Race 035
035	Boys U16 - W6 250m	Champ Final		11:54 am	
036	7/8 - W6 250m	Champ Final		12:00 pm	
037	Girls U19 - W6 250m	Plate Final		12:06 pm	See Race 038
038	Girls U19 - W6 250m	Champ Final		12:12 pm	
039	Boys U19 - W6 250m	Plate Final		12:18 pm	See Race 040
040	Boys U19 - W6 250m	Champ Final		12:24 pm	
	Lunch Break				
	MOVE TO TURN RACES				
041	Girls U16 - W6 500m	Heat	1 / 4	12:50 pm	



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RACE	EVENT	ROUND	EST. START	PROGRESSIONS
042	Girls U16 - W6 500m	Heat	2 / 4	12:58 pm
043	Girls U16 - W6 500m	Heat	3 / 4	1:06 pm
044	Girls U16 - W6 500m	Heat	4 / 4	1:14 pm See Race 060
045	Boys U16 - W6 500m	Heat	1 / 3	1:22 pm
046	Boys U16 - W6 500m	Heat	2 / 3	1:30 pm
047	Boys U16 - W6 500m	Heat	3 / 3	1:38 pm See Race 062
048	7/8 - W6 500m	Heat	1 / 3	1:46 pm
049	7/8 - W6 500m	Heat	2 / 3	1:54 pm
050	7/8 - W6 500m	Heat	3 / 3	2:02 pm See Race 064
051	Girls U19 - W6 500m	Heat	1 / 5	2:10 pm
052	Girls U19 - W6 500m	Heat	2 / 5	2:18 pm
053	Girls U19 - W6 500m	Heat	3 / 5	2:26 pm
054	Girls U19 - W6 500m	Heat	4 / 5	2:34 pm
055	Girls U19 - W6 500m	Heat	5 / 5	2:42 pm See Race 065
056	Boys U19 - W6 500m	Heat	1 / 4	2:50 pm
057	Boys U19 - W6 500m	Heat	2 / 4	2:58 pm
058	Boys U19 - W6 500m	Heat	3 / 4	3:06 pm
059	Boys U19 - W6 500m	Heat	4 / 4	3:14 pm See Race 067
060	Girls U16 - W6 500m	Plate Final		3:22 pm See Race 061
061	Girls U16 - W6 500m	Champ Final		3:30 pm
062	Boys U16 - W6 500m	Plate Final		3:38 pm See Race 063
063	Boys U16 - W6 500m	Champ Final		3:46 pm
064	7/8 - W6 500m	Champ Final		3:54 pm
065	Girls U19 - W6 500m	Plate Final		4:02 pm See Race 066
066	Girls U19 - W6 500m	Champ Final		4:10 pm
067	Boys U19 - W6 500m	Plate Final		4:18 pm See Race 068
068	Boys U19 - W6 500m	Champ Final		4:26 pm