



Hoe Tonga Regional Sprint Champs (Sanctioned)

DRAFT SCHEDULE - DAY 1

Sat, 11 Nov 2023



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
001	Master Women - W6 500m	Heat	1 / 2	8:08 am	
002	Master Women - W6 500m	Heat	2 / 2	8:16 am	See Race 016
003	Gld Master Men - W6 500m	Heat	1 / 2	8:24 am	
004	Open Women - W6 500m	Heat	1 / 3	8:32 am	
005	Open Women - W6 500m	Heat	2 / 3	8:40 am	
006	Gld Master Men - W6 500m	Heat	2 / 2	8:48 am	See Race 020
007	Open Women - W6 500m	Heat	3 / 3	8:56 am	See Race 013
008	Int Men - W6 500m	Champ Final (St)		9:04 am	
009	Int Women - W6 500m	Champ Final (St)		9:12 am	
010	J16 Men - W6 500m	Champ Final (St)		9:20 am	
011	J16 Women - W6 500m	Champ Final (St)		9:28 am	
012	Open Men - W6 500m	Champ Final (St)		9:36 am	
013	Open Women - W6 500m	Plate Final		9:44 am	See Race 014
014	Open Women - W6 500m	Champ Final		9:52 am	
015	Master Men - W6 500m	Champ Final (St)		10:00 am	
016	Master Women - W6 500m	Plate Final		10:08 am	See Race 017
017	Master Women - W6 500m	Champ Final		10:16 am	
018	Snr Master Women - W6 500m	Champ Final (St)		10:24 am	
019	Snr Master Men - W6 500m	Champ Final (St)		10:32 am	
020	Gld Master Men - W6 500m	Champ Final		10:40 am	
	Change Start Line - 250m				
021	Taitama - W6 250m	Heat	1 / 2	11:03 am	
022	Taitama - W6 250m	Heat	2 / 2	11:11 am	See Race 026
023	Int Men - W6 500m (1 turn)	Champ Final (St)		11:19 am	
024	Int Women - W6 500m (1 turn)	Champ Final (St)		11:27 am	
025	Master 70 Men - W6 500m (1 turn)	Champ Final (St)		11:35 am	
026	Taitama - W6 250m	Plate Final		11:43 am	See Race 027
027	Taitama - W6 250m	Champ Final		11:51 am	
028	Taitamāhine - W6 250m	Champ Final (St)		11:59 am	
	Lunch Break				
029	Master Women - W6 1000m	Heat	1 / 2	12:37 pm	
030	Master Women - W6 1000m	Heat	2 / 2	12:49 pm	See Race 041
031	Gld Master Men - W6 1000m	Heat	1 / 2	1:01 pm	
032	Gld Master Men - W6 1000m	Heat	2 / 2	1:13 pm	See Race 040
033	J16 Men - W6 1000m	Champ Final (St)		1:25 pm	
034	J16 Women - W6 1000m	Champ Final (St)		1:37 pm	
035	J19 Men - W6 1000m	Champ Final (St)		1:49 pm	
036	Open Women - W6 1500m	Heat	1 / 2	2:01 pm	
037	Open Women - W6 1500m	Heat	2 / 2	2:15 pm	See Race 043
038	Master Men - W6 1000m	Champ Final (St)		2:29 pm	
039	Snr Master Women - W6 1000m	Champ Final (St)		2:41 pm	
040	Gld Master Men - W6 1000m	Champ Final		2:49 pm	
041	Master Women - W6 1000m	Plate Final		3:01 pm	See Race 042
042	Master Women - W6 1000m	Champ Final		3:13 pm	



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RACE	EVENT	ROUND	EST. START	PROGRESSIONS
043	Open Women - W6 1500m	Plate Final	3:25 pm	See Race 045
044	Open Men - W6 1500m	Champ Final (St)	3:39 pm	
045	Open Women - W6 1500m	Champ Final	3:53 pm	



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DRAFT SCHEDULE - DAY 2

Sun, 12 Nov 2023



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
046	J19 Women - W1 500 (Quota 5)	Heat	1 / 2	8:38 am
047	J19 Women - W1 500 (Quota 5)	Heat	2 / 2	8:46 am See Race 067
048	J16 Men - W1 500 (Quota 4)	Heat	1 / 2	8:54 am
049	J16 Men - W1 500 (Quota 4)	Heat	2 / 2	9:02 am See Race 073
050	Int Men - W1 500 (Quota 5)	Heat	1 / 2	9:10 am
051	Int Men - W1 500 (Quota 5)	Heat	2 / 2	9:18 am See Race 071
052	Int Women - W1 500 (Quota 4)	Heat	1 / 2	9:26 am
053	Int Women - W1 500 (Quota 4)	Heat	2 / 2	9:34 am See Race 070
054	Open Women - W1 500 (Quota 5)	Heat	1 / 2	9:42 am
055	Open Women - W1 500 (Quota 5)	Heat	2 / 2	9:50 am See Race 076
056	Open Men - W1 500 (Quota 6)	Heat	1 / 2	9:58 am
057	Open Men - W1 500 (Quota 6)	Heat	2 / 2	10:06 am See Race 078
058	Master Women - W1 500 (Quota 4)	Heat	1 / 2	10:14 am
059	Master Women - W1 500 (Quota 4)	Heat	2 / 2	10:22 am See Race 064
060	Gld Master Women - W1 500 (Quota 4)	Champ Final (St)		10:30 am
061	Gld Master Men - W1 500 (Quota 4)	Champ Final (St)		10:38 am
062	Snr Master Women - W1 500 (Quota 4)	Champ Final (St)		10:46 am
063	Snr Master Men - W1 500 (Quota 5)	Champ Final (St)		10:54 am
064	Master Women - W1 500 (Quota 4)	Plate Final		11:02 am See Race 065
065	Master Women - W1 500 (Quota 4)	Champ Final		11:10 am
066	Master Men - W1 500 (Quota 4)	Champ Final (St)		11:18 am
067	J19 Women - W1 500 (Quota 5)	Plate Final		11:26 am See Race 068
068	J19 Women - W1 500 (Quota 5)	Champ Final		11:34 am
069	J19 Men - W1 500 (Quota 6)	Champ Final (St)		11:42 am
070	Int Women - W1 500 (Quota 4)	Champ Final		11:50 am
071	Int Men - W1 500 (Quota 5)	Champ Final		11:58 am
072	J16 Women - W1 500 (Quota 4)	Champ Final (St)		12:06 pm
073	J16 Men - W1 500 (Quota 4)	Plate Final		12:14 pm See Race 074
074	J16 Men - W1 500 (Quota 4)	Champ Final		12:22 pm
075	Master 80 Men - W1 500 (Quota 6)	Champ Final (St)		12:30 pm
076	Open Women - W1 500 (Quota 5)	Plate Final		12:38 pm See Race 077
077	Open Women - W1 500 (Quota 5)	Champ Final		12:46 pm
078	Open Men - W1 500 (Quota 6)	Champ Final		12:54 pm
	Change Start Line (Lunch Break)			
079	J19 Men Dash - W1 250 (Quota 2)	Heat	1 / 3	1:32 pm
080	J19 Men Dash - W1 250 (Quota 2)	Heat	2 / 3	1:40 pm
081	J19 Men Dash - W1 250 (Quota 2)	Heat	3 / 3	1:48 pm See Race 091
082	J19 Women Dash - W1 250 (Quota 2)	Heat	1 / 2	1:56 pm
083	J19 Women Dash - W1 250 (Quota 2)	Heat	2 / 2	2:04 pm See Race 092
084	Open Men Dash - W1 250 (Quota 2)	Heat	1 / 3	2:12 pm
085	Open Men Dash - W1 250 (Quota 2)	Heat	2 / 3	2:20 pm
086	Open Men Dash - W1 250 (Quota 2)	Heat	3 / 3	2:28 pm See Race 093
087	Open Women Dash - W1 250 (Quota 2)	Heat	1 / 4	2:36 pm
088	Open Women Dash - W1 250 (Quota 2)	Heat	2 / 4	2:44 pm



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DRAFT SCHEDULE - DAY 2

Sun, 12 Nov 2023



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
089	Open Women Dash - W1 250 (Quota 2)	Heat	3 / 4	2:52 pm
090	Open Women Dash - W1 250 (Quota 2)	Heat	4 / 4	3:00 pm
091	J19 Men Dash - W1 250 (Quota 2)	Champ Final		3:08 pm
092	J19 Women Dash - W1 250 (Quota 2)	Champ Final		3:16 pm
093	Open Men Dash - W1 250 (Quota 2)	Champ Final		3:24 pm
094	Open Women Dash - W1 250 (Quota 2)	Champ Final		3:32 pm